Health and Wellbeing
Living in the Wider World
Relationships

PSHE Curriculum Learning Journey

RADIATE POSITIVITY PSHE

YEAR 11

Families
How can we create a family when we are older?

Independence
What decisions can we make about our bodies?

Next Steps
Creating a plan for the future and feeling confident in what we can achieve.

British Justice System
Looking at the Universal Declaration of Human Rights as well as UK & International Law.

Building for the Future
Getting ready for year 11, looking at how we can manage stress.

Communication in Relationships
How do we show consent? What can we do about unwanted attention?

Work Experience
Career opportunities and evaluating our own strengths and weaknesses.

Extremism & Radicalisation
Exploring extreme influences on our thoughts and lives.

YEAR 10

Healthy Relationships
Looking at staying safe in relationships online and in person. Looking at consent and contraception.

Financial Planning
Applying for jobs and how we will look after our money in the future.

New Challenges
Looking after our mental health as we enter KS4.

Employability Skills
Looking at how to be successful in the world of work.

Exploring Influence
Revisiting gang and gang culture, looking at support and exit strategies. .

Peer Influence
Gang culture and influences on young people.

Setting Yourself Goals
Challenging yourself and getting ready for your future.

Respectful Relationships
What does respect look like in marriage and families? What does it look like with friends?

YEAR 9

Healthy Lifestyle
Looking after our physical bodies and our mental health as we grow up.

Intimate Relationships
Looking at issues in starting and maintaining sexual relationships.

Digital Literacy
How to we live our lives onlines?

Drugs and Alcohol
Types of drugs and social norms & attitudes.

Community and Careers
Exploring possibilities and looking at routes to employment.

Discrimination
What are protected characteristics? How are people mistreated as a result of these?

Identity and Relationships
How should we act in a romantic relationship? What does exploitation look like?

Health and Puberty
How do we look after our bodies as we grow up?

YEAR 8

Emotional Wellbeing
How we can look after our mental health

Safety
Basic First Aid and how to stay safe in the community

Financial Awareness
Making safe and smart decisions with our money.

Building Relationships
Learning how to build healthy relationships.

Diversity
What is our identity? What rights do we have? What are we responsible for?

Developing Skills and Aspirations
What do we want to do in the future? How can we get there?

Transition
Introduction to life at secondary school including study skills.

YEAR 7

welcome