

Year 7 PSHE

Topic 6: Financial Awareness
Safe Choices - Managing
Finances

Topic 5: Building Relationships
Positive Relationships -
Stereotypes - Expectations in
Romantic Relationships - Consent

Topic 4: Health and Puberty
Puberty & Emotions - Personal
Hygiene - FGM

Topic 3: Diversity
Diversity - Rights &
Responsibilities - Challenging
Prejudice

Topic 2: Safety
Road, Water & Rail Safety -
Basic First Aid

Topic 1: Transition & Development
Challenges of a New School - Study Skills
- Managing Emotions - Bullying -
Developing Skills - Developing
Aspirations



Knowledge	Attributes / Character	Skills	Experiences
<ul style="list-style-type: none"> ● Transition and Safety ● Developing Skills and Aspirations ● Diversity ● Health and Puberty ● Building Relationships ● Financial Decision Making 	<ul style="list-style-type: none"> ● Confidence - opportunity to debate, question and discuss with peers and teacher. Learning to be confident in own choices and opinions while preparing for the future. ● Organisation - managing booklets and preparing for assessments. ● Resilience - questioning our own thoughts and processes, responding to difficult questions and developing knowledge of new concepts. ● Empathy - understanding the experience of others, respecting the beliefs of different people and responding to difficult scenarios. 	<ul style="list-style-type: none"> ● Assessing information and then recognising and managing risk. ● Identify links between values and beliefs, decisions and actions. ● Respect for others' right to their own beliefs, values and opinions / Valuing and respecting diversity. ● Self-improvement. ● Empathy and compassion (including impact on decision-making and behaviour) ● Deliberate vocab development and consistent oracy practice 	<ul style="list-style-type: none"> ● Real life dilemmas ● Videos ● Community Engagement