

## Year 9 PSHE

**Topic 6: Intimate Relationships**  
Starting a Sexual Relationship -  
Sexual Images - Capacity to  
Consent - STIs - Contraception

**Topic 5: Employability**  
Rights & Responsibilities - Personal  
Brand - Work Experience -  
Interviews

**Topic 4: Healthy Lifestyle**  
Diet & Exercise - Physical  
Health - Mental Health - Body  
Image

**Topic 3: Respectful  
Relationships**  
Marriage - Parenting - The  
Media - Forced Marriage

**Topic 2: Futures**  
British Justice System - Challenging  
Yourself - Entrepreneurism - Future  
Jobs - GCSEs

**Topic 1: Peer Influence**  
Healthy & Unhealthy Friendships -  
Gang & Gang Culture - Removing  
Influence - Knife Crime - Drug &  
Alcohol Use



Knowledge	Attributes / Character	Skills	Experiences
<ul style="list-style-type: none"> <li>● Peer Influence, Substance Use and Gangs</li> <li>● Setting Goals</li> <li>● Respectful Relationships</li> <li>● Healthy Lifestyle</li> <li>● Intimate Relationships</li> <li>● Employability Skills</li> <li>● Work Experience</li> </ul>	<ul style="list-style-type: none"> <li>● Confidence - opportunity to debate, question and discuss with peers and teacher. Learning to be confident in own choices and opinions while preparing for the future.</li> <li>● Organisation - managing booklets and preparing for assessments.</li> <li>● Resilience - questioning our own thoughts and processes, responding to difficult questions and developing knowledge of new concepts.</li> <li>● Empathy - understanding the experience of others, respecting the beliefs of different people and responding to difficult scenarios.</li> </ul>	<ul style="list-style-type: none"> <li>● Assessing information and then recognising and managing risk.</li> <li>● Identify links between values and beliefs, decisions and actions.</li> <li>● Respect for others' right to their own beliefs, values and opinions / Valuing and respecting diversity.</li> <li>● Self-improvement.</li> <li>● Empathy and compassion (including impact on decision-making and behaviour)</li> <li>● Deliberate vocab development and consistent oracy practice</li> </ul>	<ul style="list-style-type: none"> <li>● Real life dilemmas</li> <li>● Videos</li> <li>● Community Engagement</li> <li>● Loudmouth Workshop</li> </ul>