

Year 12 Tutor Programme

Transition

- Becoming a 6th Former
 - Study Skills
 - Memory Techniques

Healthy Living and Mental Wellbeing

- Maintaining positive mental health
 - Early help and detection
 - Advice and treatment

Careers

- Preparing for Work
 - CV Writing
- Handing Job Interviews

Personal Relationships

- Norms and Consent
- Types of Relationships
- Sexual Harassment/Assault

Next Steps

- Post 18 Choices
- Personal Statements

Staying Safe

- Making the right decisions
- Drugs, Alcohol and Work
- Importance of First Aid



Knowledge and Skills

- Work, Careers & Pathway Choices
- Healthy Lifestyles & Mental Health
- Relationships, Values & Consent
- Risk, Personal Safety & Drugs
- Bullying, Abuse & Discrimination
- Media, Literacy & Resilience

Attributes / Character

- Confidence - opportunity to debate, question and discuss with peers and teacher. Learning to be confident in own choices and opinions while preparing for the future.
- Organisation - managing booklets and preparing for assessments.
- Resilience - questioning our own thoughts and processes, responding to difficult questions and developing knowledge of new concepts.
- Empathy - understanding the experience of others, respecting the beliefs of different people and responding to difficult scenarios.