

Year 13 Tutor Programme

Health & Wellbeing

- Personal Statements
 - Reflecting on Me
 - Mental Health
 - Self Care
 - What is UPF?

Forming Respectful Relationships

- Friends & Family
- Online Dating & Personal Safety
 - Power Struggles
- Emotional Intimacy
- Toxic Relationships

Sexual Health & Self Concept

- Body Image
- Appearance vs Reality
 - Body Modifications
 - Revisiting STI's
- Sexual Health Misconceptions

Employment & Responsibility

- Sixth Formers & Employment Rules
 - Building Professional Conduct
- Confidentiality in the Workplace
 - The Gig Economy
 - Strike & Trade Union

Exam & Study Skills

- Memory Techniques
 - Storyboards
 - Mindmaps
 - Mnemonics
 - Flashcards



Knowledge and Skills	Attributes / Character
<ul style="list-style-type: none">• Employment & Responsibilities• Sexual Health & Self-Concept• Contraception & Parenthood• Forming Respectful Relationships• Financial Choices	<ul style="list-style-type: none">• Confidence - opportunity to debate, question and discuss with peers and teacher. Learning to be confident in own choices and opinions while preparing for the future.• Organisation - managing booklets and preparing for assessments.• Resilience - questioning our own thoughts and processes, responding to difficult questions and developing knowledge of new concepts.• Empathy - understanding the experience of others, respecting the beliefs of different people and responding to difficult scenarios.