

Year 8 Physical Education

Autumn

Invasion Games

Football, Handball, Basketball



Spring

Invasion Games - Football,
Handball, Hockey

Replication of Movement - Fitness

Net/Wall Activities -
Badminton/Tennis

Summer

Replication of Movement -,
Athletics (Track)

Striking & Fielding - Rounders,
Cricket

Net/Wall Activities -
Badminton/Tennis



Knowledge	Attributes / Character	Skills	Experiences
<ul style="list-style-type: none"> • Developing Skills/Performance • Using tactics/strategies to outwit opponent(s) • Evaluating and Improving • Making and Applying Decisions 	<ul style="list-style-type: none"> • Confidence - students confidence will improve through development of knowledge, understanding and ability in a range of sports and through feedback on performance. Improved confidence in ability to lead and take part in competitive sport. • Organisation - students develop ability to organise and lead parts of the lesson and in game situations. • Resilience - students build resilience through failure/success in their ability and in playing competitive sport. Also through feedback on performance. • Empathy - students develop empathy through their sporting experiences, their relationships, respect for others and sportsmanship. 	<ul style="list-style-type: none"> • Problem Solving • Tactical Awareness • Self/Peer Assessment • Sending • Receiving • Defending/Attacking • Movement on the ball • Movement off the ball • Sports specific skills • Warm up and cool down effectively • Interception • Control • Game play (rules) 	<ul style="list-style-type: none"> • Extra curricular clubs • Representing the school in competitive fixtures against other schools • Trips to professional sports events/fixtures • Inter-House competitions • Leadership opportunities - leading primary sporting events, Open Evening Sports Events